



## HI 5 SEN CARE CENTRE

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### CLASSROOM TIMETABLE PRE-VOCATIONAL (PRE VOC)

Time / Day	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.45AM - 10.45AM	MALAY (SCHOOL SYLLABUS)	COMMUNITY OUTING (TAKE PUBLIC TRANSPORT)	ENGLISH (SCHOOL SYLLABUS)	COOK AND PREPARE OWN LUNCH	ENGLISH (SCHOOL SYLLABUS)
10.45AM - 12.00PM	SOCIAL PLAY		MATH (SCHOOL SYLLABUS)		DRESSMAKING (IRONING, TIE SHOES LACE, HANGING CLOTHES, SEWING)
12.00PM-1.00PM	LUNCH TIME & FREE PLAY				

<b>1.00PM-1:45PM</b>	MAKING BED BEFORE SLEEP	MAKING BED BEFORE SLEEP	MAKING BED BEFORE SLEEP	MAKING BED BEFORE SLEEP	MAKING BED BEFORE SLEEP
	FUNCTIONAL ENGLISH	FUNCTIONAL MATH	COOKING AND BAKING	FUNCTIONAL MALAY	SOCIAL EMOTIONAL SKILLS
<b>1:45PM - 2:30PM</b>					
<b>2:15 – 3:00PM</b>	WORK SKILLS	CLEARNING CHORES		COMPUTER SKILLS	COMMUNITY OUTING
<b>3:00 – 3:45PM</b>	DOCUMENTATION FILING PACKAGING	FIRST AIDS		ELECTRIC & ELECTRONIC	
<b>3.45 – 4:15PM</b>	SHORT BREAK	SHORT BREAK		SHORT BREAK	
<b>4.15PM – 5:00PM</b>	CLEARNING CHORES	PERSONAL INFORMATION		CLEARNING CHORES	