



HI 5 SEN CARE CENTRE

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CLASSROOM TIMETABLE

CHILD HEADSTART PROGRAM (CHP) CLASS 1

TIME / DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 – 9:00 AM	CIRCLE TIME	CIRCLE TIME	CIRCLE TIME	CIRCLE TIME	CIRCLE TIME
9:00 – 9:30 AM	TABLE TASK (NUMERACY)	THEMATIC LEARNING	TABLE TASK (ALPHABETIC)	SENSORY PLAY	TABLE TASK (CATEGORIZATION, COGNITIVE)
9:30 – 10:00 AM	FINE MOTOR (COLORING/SCRIBBING)	FINE MOTOR (PLUCKING, PINCHING, PRINTING)	FINE MOTOR (THREADING, SCOOPING, ROLLING)	FINE MOTOR (POKING, STAMPPING, CHOPPING)	FINE MOTOR (PLUCKING, COLORING, SCOOPING)
10:00 – 10:30 AM	BREAK	BREAK	BREAK	BREAK	BREAK
10:30 – 10:45 AM	TOILETING & DRESSING & BRUSHING TEETH				
10:45 – 11:15 AM	PHYSICAL ACTIVITIES/ OCCUPATIONAL THERAPY/ ORAL PLACEMENT THERAPY				
11:15 – 11:45 AM					
11:45 – 12:00 PM	PACK UP / HOME TIME	PACK UP / HOME TIME	PACK UP / HOME TIME	PACK UP / HOME TIME	PACK UP / HOME TIME